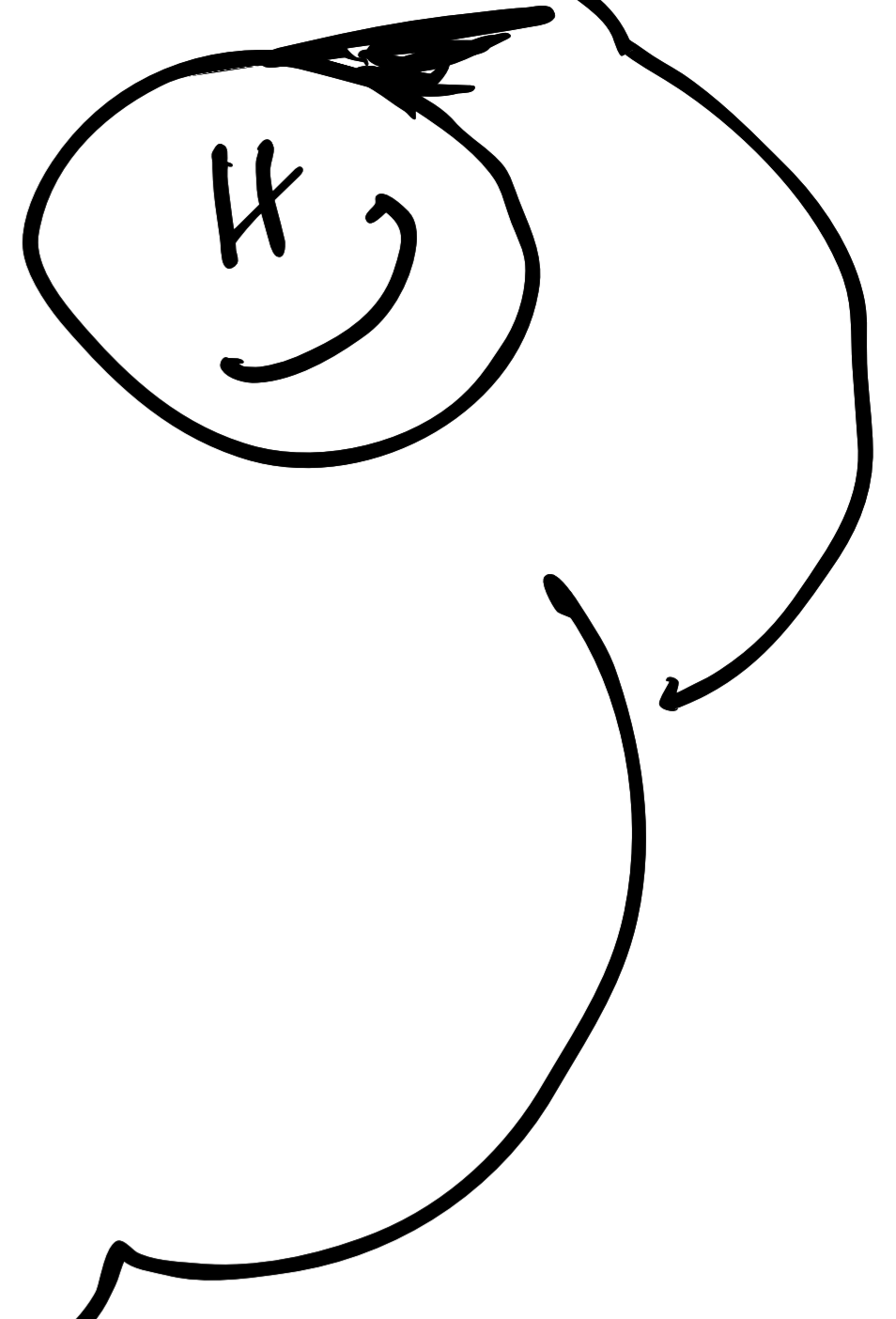
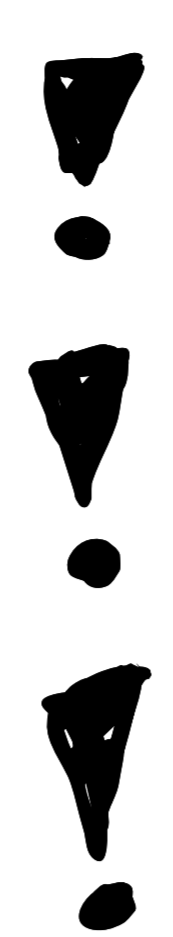


2016

THE GOOD
TOP 3 GOODIES!



THE BAD

- _____
- _____
- _____

TOP 3 RE-DO'S (BOOO!)

THE UGLY

①

ONLY 1 - JUST TO GET IT OUT...

REMEMBERING & REFLECTING ON THE GOOD, THE BAD, & THE UGLY IS THERAPEUTIC, BUT SET FORTH TO



2017

RISE **UP** TOGETHER IN 2017...

GOALS

- 1) _____
- 2) _____
- 3) _____
- 4) _____
- 5) _____
- 6) _____
- 7) _____

STRETCH

- 1) _____
- 2) _____
- 3) _____

PUSH IT, LIVE IT, SHARE IT

#RISETOGETHER2017